

Action Planning for Own Development	
Level:	One
Credit Value:	2
GLH:	16
OCNLR Unit Code:	HB1/1/LQ/063
Ofqual Unit Reference Number:	M/508/0687

*This unit has 5 learning outcomes*

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Be able to recognise own skills, knowledge and ability.	1.1. Give examples of own skills and knowledge. 1.2. Identify own current ability level in relation to particular skills and knowledge.
2. Be able to match own skills, knowledge, ability and personal requirements with possible career paths.	2.1. Identify a variety of careers which may be suitable, with reference to own skills, knowledge and ability. 2.2. List personal requirements which may be a factor in own career choice. 2.3. Identify the requirements of different careers in terms of personal, experiential and qualification achievement.
3. Know routes available for own learning and development, in relation to possible career paths.	3.1. Outline possible routes for own learning and development, in relation to a selected career path.
4. Be able to plan own development.	4.1. Outline an action plan for own learning and career development.
5. Be able to action own development.	5.1. Use own action plan to implement own learning and development.

## Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

**P = Prescribed** This assessment method *must* be used to assess all or part of the unit.

**O = Optional** This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description		Production of artefact	
Reflective log/diary	O	Practice file	