

Unit Title: Developing Assertive Behaviour	
Level:	One
Credit Value:	2
GLH:	16
OCNLR Unit Code:	PA1/1/LQ/029
Ofqual Unit Reference Number:	L/616/9564

This unit has 4 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand what assertive behaviour is.	1.1. Describe what assertive behaviour means. 1.2. Give an example of assertive behaviour.
2. Understand passive and aggressive behaviour.	2.1. Describe what is meant by the terms 'passive' and 'aggressive' behaviour. 2.2. Give an example of passive behaviour. 2.3. Give an example of aggressive behaviour.
3. Understand ways of being assertive in a given situation.	3.1. Identify a situation in which one may need to be assertive. 3.2. Describe ways of how one could be assertive in this situation. 3.3. Describe the importance of self-control when being assertive.
4. Recognise the key benefits and implications of assertiveness.	4.1. Identify a situation in which assertiveness can be used to achieve a desired outcome. 4.2. Give two key benefits of being assertive.

Assessment

The grid below provides suggestions for the types of assessment activities that can be used with the unit attached to provide evidence for the learner's portfolio. Please refer to the OCN London Assessment Guidance document for definitions of each activity and the expectations for assessment practice and evidence for moderation.

Case Study		Project	
Written question & answer/test/exam	✓	Role play/simulation	✓
Essay		Practical demonstration	✓
Report		Group discussion	✓
Oral question and answer	✓	Performance/exhibition	
Written description	✓	Production of artefact	
Reflective log/diary	✓	Practice file	