

Unit Title: Move and Position Individuals in Accordance with their Plan of Care	
Level:	Two
Credit Value:	4
GLH:	26
OCNLR Unit Code:	PA1/2/LQ/110
Ofqual Unit Reference Number:	Y/508/3938

This unit has 6 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand anatomy and physiology in relation to moving and positioning individuals.	1.1. Outline the anatomy and physiology of the human body in relation to the importance of correct moving and positioning of individuals. 1.2. Describe the impact of specific conditions on the correct movement and positioning of an individual.
2. Understand legislation and agreed ways of working when moving and positioning individuals.	2.1. Describe how legislation and agreed ways of working affect working practices related to moving and positioning individuals. 2.2. Describe what health and safety factors need to be taken into account when moving and positioning individuals and any equipment used to do this.

<p>3. Be able to minimise risk before moving and positioning individuals.</p>	<p>3.1. Access up-to-date copies of risk assessment documentation.</p> <p>3.2. Carry out preparatory checks using:</p> <ul style="list-style-type: none"> • the individual's care plan • the moving and handling risk assessment. <p>3.3. Identify any immediate risks to the individual.</p> <p>3.4. Describe actions to take in relation to identified risks.</p> <p>3.5. Describe what action should be taken if the individual's wishes conflict with their plan of care in relation to health and safety and their risk assessment.</p> <p>3.6. Prepare the immediate environment ensuring</p> <ul style="list-style-type: none"> • adequate space for the move in agreement with all concerned • that potential hazards are removed. <p>3.7. Apply standard precautions for infection prevention and control.</p>
<p>4. Be able to prepare individuals before moving and positioning.</p>	<p>4.1. Demonstrate effective communication with the individual to ensure that they</p> <ul style="list-style-type: none"> • understand the details and reasons for the action/activity being undertaken • agree the level of support required. <p>4.2. Obtain valid consent for the planned activity.</p>

<p>5. Be able to move and position an individual.</p>	<p>5.1. Follow the care plan to ensure that the individual is positioned</p> <ul style="list-style-type: none"> • using the agreed technique • in a way that will avoid causing undue pain or discomfort. <p>5.2. Demonstrate effective communication with any others involved in the manoeuvre.</p> <p>5.3. Describe the aids and equipment that may be used for moving and positioning.</p> <p>5.4. Use equipment to maintain the individual in the appropriate position.</p> <p>5.5. Encourage the individual's active participation in the manoeuvre.</p> <p>5.6. Monitor the individual throughout the activity so that the procedure can be stopped if there is any adverse reaction.</p> <p>5.7. Demonstrate how to report and record the activity noting when the next positioning manoeuvre is due.</p>
<p>6. Know when to seek advice from and/or involve others when moving and positioning an individual.</p>	<p>6.1. Describe when advice and/or assistance should be sought to move or handle an individual safely.</p> <p>6.2. Describe what sources of information are available about moving and positioning individuals.</p>

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	P
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	