Unit Title: Support Individuals During a Period of Change	
Level:	Three
Credit Value:	4
GLH:	29
OCNLR Unit Code:	PA1/3/LQ/090
Ofqual Unit Reference Number:	T/508/4031

This unit has 4 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand reasons for and responses to change.	1.1. Describe types of change that may occur in the course of an individual's life. 1.2. Analyse factors that may make change a positive or a negative experience. 1.3. Describe approaches likely to enhance an individual's capacity to manage change and experience change positively.
2. Be able to support individuals to plan how to manage or adapt to change.	2.1. Work with individuals and others to identify recent or imminent changes affecting them. 2.2. Support the individual to assess the implications and likely impacts of the change identified. 2.3. Work with the individual and others to plan how to adapt to or manage the change. 2.4. Explain the importance of both practical support and emotional support during a time of change. 2.5. Identify and agree roles and responsibilities for supporting a change.

3. Be able to support individuals to manage or adapt to change.	3.1. Carry out agreed role and responsibilities for supporting change, in ways that promote active participation.
	3.2. Provide information and advice to support the individual to manage change.
	3.3. Support the individual to express preferences and anxieties when going through change.
	3.4. Adapt support methods to take account of preferences or anxieties.
	3.5. Describe how and when to seek additional expertise and advice when supporting an individual through change.
4. Be able to evaluate the support provided during a period of change.	4.1. Agree with the individual and others how the support provided will be evaluated, and who will be involved.
	4.2. Work with the individual and others to identify positive and negative aspects of a change.
	4.3. Work with the individual and others to evaluate the effectiveness of methods used to support the change process.
	4.4. Record and report on the effectiveness of support for the change process.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached.
Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed   This assessment method *must* be used to assess all or part of the unit.

O = Optional   This assessment method *could* be used to assess all or part of the unit.

Case Study	O	Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay	O	Practical demonstration	P
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	