

Unit Title: Implement Therapeutic Group Activities	
Level:	Three
Credit Value:	4
GLH:	25
OCNLR Unit Code:	PA1/3/LQ/051
Ofqual Unit Reference Number:	R/508/3985

This unit has 4 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the principles of therapeutic group activities.	1.1. Explain how participating in therapeutic group activities can benefit an individual's identity, self-esteem and well-being. 1.2. Analyse reasons why a group activity rather than one to one work may be recommended in particular circumstances. 1.3. Compare key points of theories about group dynamics.
2. Be able to plan and prepare for therapeutic group activities.	2.1. Work with individuals and others to agree: <ul style="list-style-type: none"> • the nature and purpose of a therapeutic group • specific activities to fit the purpose of the group. 2.2. Address any risks that may be associated with the planned activities. 2.3. Prepare the environment for a therapeutic group activity. 2.4. Prepare equipment or resources needed for the activity.

<p>3. Be able to support individuals during therapeutic group activities.</p>	<p>3.1. Support group members to understand the purpose and proposed activity of the group.</p> <p>3.2. Support group members during the activity in ways that encourage effective communication, active participation and co-operation.</p> <p>3.3. Give direction, praise, reassurance and constructive feedback during the activity.</p> <p>3.4. Support the group to bring the activity to a safe and timely end.</p>
<p>4. Be able to contribute to the evaluation of therapeutic group activities.</p>	<p>4.1. Encourage and support individuals to give feedback during and after group activities.</p> <p>4.2. Agree processes and criteria for evaluating the therapeutic benefits of the group and its activities.</p> <p>4.3. Carry out own responsibilities for supporting the evaluation and agreeing any revisions.</p> <p>4.4. Record and report on outcomes and any revisions in line with agreed ways of working.</p>

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	P
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	