

Unit Title: Making Sustainable Choices in Everyday Contexts	
Level:	One
Credit Value:	3
GLH:	30
OCNLR Unit Code:	QA1/1/LQ/007
Ofqual Unit Reference Number:	M/651/9002

This unit has 3 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand sustainable behaviours and their benefits.	1.1. Identify examples of sustainable choices in home, learning, or community settings. 1.2. Describe how these actions can help people or the environment. 1.3. Outline simple ways to encourage sustainability.
2. Know how to take practical action to reduce waste or resource use.	2.1. Identify items or activities where waste or energy could be reduced. 2.2. Describe steps to complete a simple sustainable action. 2.3. Outline safe and responsible behaviours when taking the action.
3. Be able to carry out a sustainability task.	3.1. Demonstrate how to carry out one sustainability task. 3.2. Apply safe or responsible behaviours while doing the task. 3.3. Describe what worked well and what could be improved next time.

## Assessment

The grid below provides suggestions for the types of assessment activities that can be used with the unit attached to provide evidence for the learner's portfolio. Please refer to the OCN London Assessment Guidance document for definitions of each activity and the expectations for assessment practice and evidence for moderation.

Case Study		Project	✓
Written question & answer/test/exam		Role play/simulation	
Essay		Practical demonstration	✓
Report	✓	Group discussion	
Oral question and answer	✓	Performance/exhibition	
Written description	✓	Production of artefact	✓
Reflective log/diary	✓	Practice file	

## Indicative Content

This content serves as guidance and illustrative examples rather than a prescribed or exhaustive set of requirements

### Learning Outcome 1 – Understand sustainable behaviours and their benefits

Learners could explore examples of sustainability such as recycling correctly, reducing printing, choosing reusable items or saving energy at home or in class, consider benefits including reducing pollution, saving money, improving well-being or supporting community spaces, and identify simple ways to encourage others such as reminders, posters or sharing ideas.

Learning Outcome 2 – Know how to take practical action to reduce waste or resource use

Delivery could include recognising areas where waste or energy might be reduced such as unnecessary printing, water waste or disposable packaging, planning steps to improve this behaviour and understanding safe or responsible actions such as sorting items correctly or following local recycling guidance.

Learning Outcome 3 – Be able to carry out a sustainability task

Learners could complete a sustainability task such as sorting recycling, reducing water use, reusing materials or switching off lights, apply responsible behaviours such as correct disposal or safe use of equipment and reflect on what worked well and how it could be improved.