Unit Title: Understanding Welfare at Work	
Level:	One
Credit Value:	3
GLH:	27
OCNLR Unit Code:	HC4/1/LQ/045
Ofqual Unit Reference Number:	M/506/1993

This unit has 7 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the health and safety requirements of own workplace surroundings.	1.1. Identify major hazards in the workplace. 1.2. Outline safety procedures including fire regulations and accident reporting. 1.3. Outline safe working practices in the workplace.
2. Understand the main elements of Control of Substances Hazardous to Health (COSHH).	2.1. Identify the main COSHH regulations for the workplace. 2.2. Identify the consequences of not applying COSHH regulations.
3. Know how to prevent common accidents at work.	3.1. Identify causes for a range of common accidents at work. 3.2. Outline ways of preventing a range of common accidents at work.
4. Be able to respond to first aid incidents.	4.1. Demonstrate first aid treatments for use in dealing with simple accidents. 4.2. State when and how to call for emergency assistance.
5. Be able to recognise respiratory and cardiac arrest.	5.1. State how to recognise situations of respiratory and cardiac arrest.
6. Be able to demonstrate resuscitation techniques and the recovery position.	6.1. Demonstrate resuscitation procedures correctly and confidently. 6.2. Demonstrate the recovery position correctly.

7. Be able to safely handle and move inanimate loads.	7.1. Demonstrate safe practice in the following areas: • pushing and pulling • supporting • carrying a load. 7.2. Identify when a moving and handling procedure should be stopped and help or guidance should be obtained.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached.
Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed   This assessment method *must* be used to assess all or part of the unit.

O = Optional   This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	O
Essay		Practical demonstration	P
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	