

Unit Title: Introduction to Peer Support Skills	
Level:	One
Credit Value:	2
GLH:	18
OCNLR Unit Code:	PT1/1/LQ/011
Ofqual Unit Reference Number:	M/505/8625

This unit has 3 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the role of the peer supporter.	1.1. Outline the role of a peer supporter. 1.2. Give examples of how peer support can help other people. 1.3. Name three peer support roles within own context. 1.4. Identify two sources of support for the peer supporter.
2. Understand the skills and qualities required to be an effective peer supporter.	2.1. Identify the skills and qualities required to be an effective peer supporter. 2.2. List own relevant skills and areas for development.
3. Understand the importance of listening.	3.1. Identify two essential elements of active listening. 3.2. Identify three barriers to listening.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study	O	Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	O
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	