

Unit Title: Career Planning	
Level:	One
Credit Value:	3
GLH:	27
OCNLR Unit Code:	HC1/1/LQ/018
Ofqual Unit Reference Number:	M/504/8645

This unit has 4 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Know own strengths, qualities, skills and abilities.	1.1. Give one example of each of own strengths, qualities, skills and abilities. 1.2. Identify an area of weakness. 1.3. State why this area of weakness needs to be improved.
2. Know where to find sources of information, advice and guidance for career planning.	2.1. Identify sources of help or information in relation to career planning. 2.2. Identify a source of relevant information for own career planning.
3. Understand how own abilities relate to progression opportunities.	3.1. Identify different progression opportunities. 3.2. Outline how own attributes relate to the requirements of each opportunity.
4. Know how to plan for transition to the next stage of education, training or work.	4.1. Produce a simple career action plan. 4.2. Produce an application to the next stage of own education, training or work.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay	O	Practical demonstration	
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	P	Production of artefact	