

Unit Title: Making Choices in Pursuit of Personal Goals	
Level:	One
Credit Value:	3
GLH:	27
OCNLR Unit Code:	HB1/1/LQ/047
Ofqual Unit Reference Number:	L/506/0575

*This unit has 5 learning outcomes*

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand how own personal attributes have affected current situation to date.	1.1. Identify an important: <ul style="list-style-type: none"> <li>• achievement and outline how it was achieved;</li> <li>• skill and outline how it was learned;</li> <li>• interest and outline how it was pursued.</li> </ul> 1.2. Describe how the above achievement, skill or interest is relevant to his/her situation.
2. Know how to identify opportunities.	2.1. Identify and describe more than one source of help or information. 2.2. List types of relevant opportunities by sector or other grouping.
3. Know how to set personal goals.	3.1. Describe some possible future goals. 3.2. Select a goal and outline why it most closely connects to his/her achievements, skills and interests and available opportunities.
4. Understand pursuing personal goals.	4.1. List and rank in order of importance any factors which may affect progress in achieving his/her selected goals. 4.2. Identify sources of help and ways of dealing with the most important of the factors listed above.
5. Know how to plan to achieve personal goals.	5.1. Identify key steps to be taken to achieve personal goals. 5.2. Compile a detailed checklist of actions to be undertaken towards the achievement of personal goals.

## Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

**P = Prescribed**      This assessment method *must* be used to assess all or part of the unit.

**O = Optional**      This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	P	Production of artefact	