

Unit Title: Lubricate and Tension a Single Speed Cycle Chain	
Level:	Entry Three
Credit Value:	1
GLH:	10
OCNLR Unit Code:	XS8/E3/LQ/006
Ofqual Unit Reference Number:	L/504/9575

This unit has 3 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Be able to prepare for lubricating and tensioning of cycle chain.	1.1. Identify appropriate protective equipment to use for chain lubricating and tensioning. 1.2. Identify the cycle to be used and check its condition. 1.3. Identify the tools, materials and equipment to be used for cleaning and preparation. 1.4. List the components which are relevant to the lubrication and tensioning of the cycle chain.
2. Be able to lubricate and tension a cycle chain.	2.1. Follow instructions to carry out lubrication and tensioning of cycle chain. 2.2. Safely handle and support the cycle during lubrication and tensioning of chain. 2.3. Use tools, materials and equipment safely. 2.4. Carry out a safety check of the cycle.
3. Be able to tidy up area after work.	3.1. Safely dispose of cleaning materials and substances used during the lubrication and tensioning. 3.2. Clean tools and equipment after use and store appropriately.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	P
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	