

Unit Title: Skills for Hygiene in the Home and Everyday Life	
Level:	Entry Three
Credit Value:	3
GLH:	30
OCNLR Unit Code:	HJ1/E3/LQ/005
Ofqual Unit Reference Number:	L/504/8491

*This unit has 5 learning outcomes*

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Know the importance of keeping a clean home.	1.1. State why it is important to keep a clean kitchen. 1.2. Identify a range of cleaning materials used to clean a sink, bath/shower and toilet.
2. Understand how to clean and care for clothing.	2.1. Identify ways of keeping different sorts of clothing in clean and good condition.
3. Be able to maintain personal hygiene.	3.1. Identify occasions when it is important to wash hands. 3.2. Identify toiletry products that could be used as part of a full body washing routine. 3.3. State the recommended interval between dental checkups for self. 3.4. Demonstrate a good dental brushing technique.
4. Know how to maintain a healthy body.	4.1. Identify basic requirements for maintaining a healthy body.
5. Understand the importance of regular sight tests.	5.1. State the importance of having regular sight tests. 5.2. State the recommended interval between eye tests for self.

## Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

**P = Prescribed** This assessment method *must* be used to assess all or part of the unit.

**O = Optional** This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	O
Essay	O	Practical demonstration	P
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	