

| Unit Title: Care for Individuals with Urethral Catheters | |
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| Level: | Three |
| Credit Value: | 4 |
| GLH: | 30 |
| OCNLR Unit Code: | PA1/3/LQ/028 |
| Ofqual Unit Reference Number: | K/508/4026 |

This unit has 6 learning outcomes

| LEARNING OUTCOMES | ASSESSMENT CRITERIA |
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| <p>The learner will:</p> <ol style="list-style-type: none"> Understand current legislation national guidelines, policies, protocols and good practice related to caring for individuals with urethral catheters. Understand the procedure of urethral catheterisation. | <p>The learner can:</p> <ol style="list-style-type: none"> Summarise the current legislation national guidelines, policies, protocols and good practice related to caring for individuals with urethral catheters. Explain own responsibilities and accountability in relation to current legislation, national guidelines, organisational policies and protocols which affect work practice when carrying out care activities. Describe the anatomy and physiology of the male and female lower urinary tract. Describe lower urinary tract functions and continence status. Describe the causative factors which determine the need for urethral urinary catheters. Explain the effects of urethral catheterisation on an individual's comfort and dignity. Describe when to undertake urinalysis, obtain a catheter specimen of urine (CSU) or screen for multi resistant bacteria. |

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| <p>3. Understand the use and application of catheter care equipment.</p> | <p>3.1. Describe catheter care equipment that can be used to meet individuals' specific needs.</p> <p>3.2. Describe the types of catheter care advice to give to individuals.</p> <p>3.3. Describe the indications, mode of action, side-effects, cautions, contra indications and potential interactions of urethral catheter care.</p> <p>3.4. Describe the medication, antibiotics, anaesthetic agents and associated solutions used for individuals with urethral catheters.</p> |
| <p>4. Be able to prepare individuals to carry out urethral catheters care.</p> | <p>4.1. Confirm the individual's identity and gain valid consent.</p> <p>4.2. Communicate accurate information in a way that is sensitive to the personal beliefs and preferences of the individual.</p> <p>4.3. Agree the level of support required with the individual.</p> <p>4.4. Apply standard precautions for infection prevention and control.</p> <p>4.5. Apply health and safety measures relevant to the procedure and environment.</p> <p>4.6. Carry out preparatory checks against the individual's care plan.</p> |
| <p>5. Be able to carry out care for individuals with urethral catheters.</p> | <p>5.1. Support the individual and relevant others to carry out catheter care in accordance with local policy and protocol.</p> <p>5.2. Use catheter care equipment in line with manufacturer's guidance; reporting any failure/malfunction in line with local policy and protocol.</p> <p>5.3. Use and store equipment and materials in accordance with local policy and protocol.</p> <p>5.4. Dispose of catheter related equipment in accordance with local policy and protocol.</p> <p>5.5. Measure and record any urethral output within local policy and protocol.</p> |

6. Be able to monitor and check individuals undergoing urethral catheter care.

- 6.1. Monitor the individual's condition for adverse effects and potential complications, taking appropriate action in line with local policy and protocol.
- 6.2. Observe and maintain cleanliness of the meatus.
- 6.3. Terminate the use of a urethral catheter in accordance with local policy and protocol.
- 6.4. Record information in the ongoing catheter care records in line with local policy and protocol.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

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| Case Study | | Project | |
| Written question & answer/test/exam | O | Role play/simulation | |
| Essay | | Practical demonstration | P |
| Report | | Group discussion | |
| Oral question and answer | O | Performance/exhibition | |
| Written description | O | Production of artefact | |
| Reflective log/diary | | Practice file | |