

Unit Title: Examine the Feet of Individuals with Diabetes	
Level:	Three
Credit Value:	4
GLH:	32
OCNLR Unit Code:	PA1/3/LQ/048
Ofqual Unit Reference Number:	K/508/3975

This unit has 5 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand good practice in diabetic foot care.	1.1. Summarise national and local guidelines on diabetes healthcare. 1.2. Describe local referral pathways for foot health. 1.3. Explain how to gather necessary information from the individual prior to conducting an examination. 1.4. Explain how to inform the individual/carer about the relationship between diabetes and foot health. 1.5. Explain how to work in partnership with individuals/carers.
2. Understand the factors affecting foot health in individuals with diabetes.	2.1. Explain the causes of diabetes. 2.2. Describe the signs and symptoms of diabetes. 2.3. Identify the risks of diabetes to foot health. 2.4. Explain the importance of footwear to foot health for individuals with diabetes. 2.5. Explain the impact of nutrition, health and physical exercise on an individual with diabetes.

<p>3. Be able to prepare to conduct an examination on the feet of individuals who have diabetes.</p>	<p>3.1. Confirm the individual's identity and gain valid consent prior to beginning the examination.</p> <p>3.2. Gather information about the individual's general health, including any relevant symptoms.</p> <p>3.3. Explain the procedures used for examining foot health and identifying risks to foot health linked to diabetes.</p>
<p>4. Be able to conduct an examination on the feet of an individual with diabetes.</p>	<p>4.1. Apply health and safety measures relevant to the procedure and environment.</p> <p>4.2. Apply standard precautions for infection control.</p> <p>4.3. Explain the foot examination process to the individual.</p> <p>4.4. Select the equipment used to examine foot health.</p> <p>4.5. Use tools to assess for peripheral sensory neuropathy.</p> <p>4.6. Palpate pedal pulses to assess for peripheral vascular disease.</p> <p>4.7. Check feet for gross deformities, trauma, current infection and ulcerations.</p> <p>4.8. Examine the individual's footwear to assess suitability and risk status.</p> <p>4.9. Advise the individual/carer about how diabetes can affect foot health.</p> <p>4.10. Assess factors which may limit an individual's ability to self-care.</p>
<p>5. Be able to report the outcome of foot examinations.</p>	<p>5.1. Record outcomes of activities in line with local policy and protocol, seeking advice for any concerns identified.</p> <p>5.2. Obtain and pass on relevant information on individual's care requirements to other team members in line with local policy and protocol.</p>

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	P
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	