

Unit Title: Personal Body Hygiene Awareness	
Level:	Entry Three
Credit Value:	1
GLH:	10
OCNLR Unit Code:	HJ1/E3/LQ/013
Ofqual Unit Reference Number:	K/505/8543

*This unit has 3 learning outcomes*

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand why bathing or showering is necessary for personal hygiene.	1.1. Outline why bathing or showering is part of a regular personal routine. 1.2. Give examples of situations when bathing or showering is needed more often than once a day.
2. Know the advantages of using toiletries.	2.1. List the advantages of using toiletries. 2.2. List products chosen for their personal use. 2.3. Produce a price list of toiletries used regularly.
3. Understand the need for regular changes of clothes.	3.1. State why clothes should be changed and washed regularly. 3.2. Use a chart or plan to ensure that underwear, nightwear and outer garments are changed regularly.

## Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

**P = Prescribed**      This assessment method *must* be used to assess all or part of the unit.

**O = Optional**      This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	O
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description		Production of artefact	