

Unit Title: Undertake Urethral Catheterisation Processes	
Level:	Three
Credit Value:	4
GLH:	28
OCNLR Unit Code:	PA1/3/LQ/096
Ofqual Unit Reference Number:	H/508/4154

This unit has 6 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand relevant legislation, policy and good practice in relation to carrying out urethral catheterisation.	1.1. Describe the current legislation, national guidelines, and local policies and protocols which affect work practice. 1.2. Identify the correct procedures relating to urethral catheterisation. 1.3. Explain the conditions and constraints which might denote who undertakes this procedure and why. 1.4. Identify when good practice suggests it may be necessary to seek assistance from an appropriate member of staff. 1.5. Describe the ethical issues surrounding catheterisation, as applied to males and females.
2. Understand the relevant anatomy and physiology.	2.1. Describe the anatomy and physiology of the male and / or female genitourinary system.
3. Be able to prepare to insert urethral catheters.	3.1. Identify the types of catheters that can be used. 3.2. Select an appropriate catheter. 3.3. Describe the local anaesthetic agents available for use when inserting urethral catheters. 3.4. Confirm the individual's identity and obtain valid consent.

<p>4. Be able to insert urethral catheters.</p>	<p>4.1. Ensure the individual's privacy and dignity is maintained at all times.</p> <p>4.2. Apply standard precautions for infection control.</p> <p>4.3. Apply health and safety measures relevant to the procedure and environment.</p> <p>4.4. Insert the catheter safely and correctly, with minimal trauma to the individual including:</p> <ul style="list-style-type: none"> • securing the catheter • adjust it correctly • attach it correctly to the appropriate drainage system.
<p>5. Be able to monitor and care for the urethral catheter after insertion.</p>	<p>5.1. Monitor the catheterisation equipment and materials to check they are functioning correctly.</p> <p>5.2. Empty draining bags.</p> <p>5.3. Measure and record the amount of urine collected immediately after insertion and as often as required according to care plan.</p> <p>5.4. Maintain cleanliness of the catheter and surrounding area through regular hygiene care as required.</p> <p>5.5. Take appropriate action to remedy any problems when these arise.</p>
<p>6. Be able to care for and support the individual during and after the procedure.</p>	<p>6.1. Assess how comfortable the individual is, taking steps to improve the individual's comfort during and after the procedure.</p> <p>6.2. Identify adverse effects and appropriate actions.</p> <p>6.3. Communicate information to the individual on the care of the catheter and attachments.</p> <p>6.4. Demonstrate sensitivity and understanding of the effects of catheterisation on the individual's comfort and dignity.</p>

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay	O	Practical demonstration	P
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	