

Unit Title: Understand Mental Health Problems	
Level:	Three
Credit Value:	3
GLH:	14
OCNLR Unit Code:	PA1/3/LQ/101
Ofqual Unit Reference Number:	H/508/4137

This unit has 2 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Know the main forms of mental ill health.	1.1. Describe the main types of mental ill health according to the psychiatric (DSM/ICD) classification system: mood disorders, personality disorders, anxiety disorders, psychotic disorders, substance-related disorders, eating disorders, cognitive disorders. 1.2. Explain the key strengths and limitations of the psychiatric classification system. 1.3. Explain two alternative frameworks for understanding mental distress. 1.4. Explain how mental ill health may be indicated through an individual's emotions, thinking and behaviour.

<p>2. Know the impact of mental ill health on individuals and others in their social network.</p>	<p>2.1. Explain how individuals experience discrimination due to misinformation, assumptions and stereotypes about mental ill health.</p> <p>2.2. Explain how mental ill health may have an impact on the individual including:</p> <ul style="list-style-type: none">a. psychological and emotionalb. practical and financialc. the impact of using servicesd. social exclusione. positive impacts. <p>2.3. Explain how mental ill health may have an impact on those in the individual's familial, social or work network including:</p> <ul style="list-style-type: none">a. psychological and emotionalb. practical and financialc. the impact of using servicesd. social exclusione. positive impacts. <p>2.4. Explain the benefits of early intervention in promoting an individual's mental health and well-being.</p>
---	---

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay	O	Practical demonstration	
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	