

Unit Title: Introduction to the Role and Responsibilities of a Health Trainer	
Level:	Three
Credit Value:	4
GLH:	20
OCNLR Unit Code:	PA1/3/LQ/055
Ofqual Unit Reference Number:	H/508/3943

*This unit has 5 learning outcomes*

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand the role of a Health Trainer.	1.1. Describe the role of a Health Trainer. 1.2. Outline the role of the Health Trainer in the context of local and national health and wellbeing policies. 1.3. Describe the limits of the Health Trainer role. 1.4. Analyse the consequences of acting beyond competence as a Health Trainer. 1.5. Identify appropriate routes for referring matters beyond competence. 1.6. Identify individuals who can advise on the Health Trainer role.
2. Understand legislation and policies related to the role of the Health Trainer.	2.1. Identify the legislation that relates to the role of a Health Trainer. 2.2. Identify organisational policies and procedures. 2.3. Outline potential consequences of non-compliance to organisational policies, procedures and protocol. 2.4. Explain the importance of confidentiality. 2.5. Explain key issues relating to equality & diversity and anti-discriminatory practice. 2.6. Explain the importance of assessing and managing risks. 2.7. Identify risks to self and others. 2.8. Use organisational data collection, storage and retrieval systems.

<p>3. Collect accurate information on clients.</p>	<p>3.1. Explain issues around handling confidential and sensitive information. 3.2. Explain the importance of systematic and accurate record keeping. 3.3. Record information in a systematic and accurate way to inform evaluation and future work.</p>
<p>4. Manage and organise own time effectively.</p>	<p>4.1. Agree working arrangements with line manager. 4.2. Explain the importance of making realistic commitments. 4.3. Plan work to ensure that commitments are met. 4.4. Explain the importance of knowing who to seek guidance and advice from. 4.5. Complete records of work activities when needed.</p>
<p>5. Improve own competence, knowledge and skills.</p>	<p>5.1. Explain the benefits of improving own competence, knowledge and skills. 5.2. Identify areas for improvement of own competence. 5.3. Plan for improvement of own competence, knowledge and skills.</p>

## Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

**P = Prescribed** This assessment method *must* be used to assess all or part of the unit.

**O = Optional** This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	P
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary	O	Practice file	