

Unit Title: Assist in Sports Coaching	
Level:	Entry Three
Credit Value:	3
GLH:	30
OCNLR Unit Code:	MA4/E3/LQ/001
Ofqual Unit Reference Number:	H/505/0425

This unit has 3 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Know how to prepare for assisting in a sports coaching session.	1.1. State at least three responsibilities for assisting in sports coaching sessions. 1.2. Give examples of health and safety requirements for assisting in sports coaching in a specific sport. 1.3. Identify equipment for a specific sport.
2. Understand how to support participants' behaviour and performance when assisting in coaching.	2.1. Give examples of how to motivate participants without putting them under stress. 2.2. Give examples of how to manage participants' behaviour during coaching.
3. Understand the importance of communication when assisting in coaching.	3.1. State why good communication is important when assisting in coaching. 3.2. State when and how to give participants feedback. 3.3. State why it is important to get feedback from participants after sessions.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	O
Essay		Practical demonstration	O
Report	O	Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	

