

Unit Title: Developing Personal Hygiene Skills for Healthy Hands and Feet	
Level:	Entry Three
Credit Value:	1
GLH:	10
OCNLR Unit Code:	HJ1/E3/LQ/008
Ofqual Unit Reference Number:	H/504/8481

This unit has 5 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Know about common foot conditions.	1.1 Identify some of the most common foot conditions and their causes.
2. Know of the correct footwear to use.	2.1. State how footwear can cause problems for feet. 2.2. State how correct footwear can alleviate certain foot conditions.
3. Understand how feet and toenails can be cared for.	3.1. Outline how feet and toe nails should be cared for.
4. Understand the importance of keeping hands and nails clean.	4.1. Demonstrate the correct way to wash hands. 4.2. Outline why hands should be washed after visiting the toilet and before handling food.
5. Understand that good nail care is important for personal hygiene.	5.1. Demonstrate the basic steps of nail hygiene. 5.2. State with examples why clean well-kept nails are an important part of personal hygiene.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	P
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description		Production of artefact	