

Unit Title: Support Individuals Who are Bereaved	
Level:	Three
Credit Value:	4
GLH:	30
OCNLR Unit Code:	PA1/3/LQ/085
Ofqual Unit Reference Number:	F/508/4128

This unit has 6 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the effects of bereavement on individuals.	1.1. Describe how an individual may feel immediately following the death of a loved one. 1.2. Analyse how the bereavement journey may be different for different individuals.
2. Understand principles for supporting individuals who are bereaved.	2.1. Compare the key points of theories of bereavement that assist in supporting individuals who are bereaved. 2.2. Explain the importance of acting in accordance with an individual's culture and beliefs when providing support for bereavement. 2.3. Explain the importance of empathy in supporting a bereaved individual.
3. Be able to support individuals to express their response to loss.	3.1. Create an environment where the individual has privacy to express their emotions. 3.2. Demonstrate active listening skills to support the individual to express their thoughts, feelings and distress.

<p>4. Be able to support individuals who are bereaved.</p>	<p>4.1. Assess the individual's level of distress and their capacity for resilience.</p> <p>4.2. Agree a programme of support with the individual and others.</p> <p>4.3. Carry out own role within the support programme.</p> <p>4.4. Support the individual to identify any changes they may need to make as a result of their loss.</p> <p>4.5. Explain the importance of working at the individual's pace during the bereavement journey.</p> <p>4.6. Support the individual to manage conflicting emotions, indecision or fear of the future.</p>
<p>5. Understand the role of specialist agencies in supporting individuals who are bereaved.</p>	<p>5.1. Compare the roles of specialist agencies in supporting individuals who are bereaved.</p> <p>5.2. Describe how to assess whether a bereaved individual requires specialist support.</p> <p>5.3. Explain the importance of establishing agreement with the individual about making a referral to a specialist agency.</p>
<p>6. Be able to manage own feelings when providing support for individuals who are bereaved.</p>	<p>6.1. Identify ways to manage own feelings while providing support for an individual who is bereaved.</p> <p>6.2. Use support systems to help manage own feelings.</p>

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay	O	Practical demonstration	P
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	