

Unit Title: Alcohol Awareness for the Individual	
Level:	One
Credit Value:	3
GLH:	27
OCNLR Unit Code:	HH3/1/LQ/004
Ofqual Unit Reference Number:	F/505/8791

This unit has 6 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Know about unit strengths and safe limits of alcohol.	1.1. State the unit strength of four alcoholic drinks. 1.2. Describe the recommended safe limits of alcohol.
2. Know the possible causes of alcohol misuse and its effects.	2.1. Identify reasons why people may misuse alcohol. 2.2. List some psychological effects of alcohol misuse.
3. Understand the effects that alcohol misuse can have on others.	3.1. State at least one effect that alcohol misuse may have on the following: <ul style="list-style-type: none"> • Family; • Friends; • Society.
4. Understand the health issues associated with alcohol misuse.	4.1. Indicate the impact of alcohol misuse on health.
5. Understand the effects of withdrawing from alcohol.	5.1. Give three examples of effects of withdrawing from alcohol.
6. Know some of the agencies offering help and information about alcohol misuse.	6.1. Identify sources of help and information in relation to alcohol abuse.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	P
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	