

Unit Title: Developing Personal Learning Skills	
Level:	One
Credit Value:	6
GLH:	54
OCNLR Unit Code:	HB1/1/LQ/061
Ofqual Unit Reference Number:	D/504/7796

This unit has 4 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Know facts about the brain.	1.1. List important facts about the brain. 1.2. State how these facts are relevant to own learning.
2. Know how own learning takes place.	2.1. Outline how they have learnt something. 2.2. Identify the best ways for them to learn.
3. Know about own learning profile.	3.1. List different learning styles. 3.2. Outline own preferred learning style. 3.3. List strategies for learning more effectively.
4. Be able to make plans to use 'learning to learn' skills.	4.1. Identify learning tasks. 4.2. Plan learning tasks. 4.3. Set targets to achieve in each learning task. 4.4. State how the targets are being met. 4.5. Complete learning tasks. 4.6. Record own learning. 4.7. Outline how the learning took place.

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay	O	Practical demonstration	
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	