

Unit Title: Carry out Personal Hygiene for Individuals Unable to Care for Themselves	
Level:	Two
Credit Value:	3
GLH:	23
OCNLR Unit Code:	PA1/2/LQ/101
Ofqual Unit Reference Number:	A/508/4001

This unit has 5 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Know about safety measures specific to undertaking personal hygiene for individuals.	1.1. Summarise the current legislation, national guidelines, policies, protocols and good practice guidelines which inform undertaking personal care for individuals. 1.2. Explain the importance of maintaining compliance with health and safety guidance at all times. 1.3. Explain the importance of using aseptic techniques which follow local guidelines and procedures.
2. Know the anatomy and physiology of the skin, nose, mouth, eyes and ears.	2.1. Describe the anatomy and physiology of the skin, nose, mouth, eyes and ears relevant to cleansing these areas.
3. Be able to prepare to undertake personal hygiene activities for individuals.	3.1. Confirm the individual's identity and gain valid consent. 3.2. Communicate information in a way that is sensitive to the personal beliefs and preferences of the individual. 3.3. Explain why resources should be identified and prepared before commencing the procedure. 3.4. Confirm all equipment and materials to be used are appropriate and fit for purpose as outlined in the care plan. 3.5. Explain the importance of following the Care Plan and the potential consequences of failing to do so.

<p>4. Be able to undertake personal hygiene activities for individuals.</p>	<p>4.1. Implement health and safety measures relevant to the procedure and the environment.</p> <p>4.2. Apply standard precautions for infection control.</p> <p>4.3. Carry out personal hygiene activities in accordance with the Care Plan.</p> <p>4.4. Ensure that the individual's privacy and dignity is maintained at all times.</p> <p>4.5. Observe the individual while providing support and reassurance and addressing any concerns.</p> <p>4.6. Describe potential adverse reactions to personal hygiene activities and how these should be dealt with and reported.</p>
<p>5. Be able to record and report the outcome of the activity.</p>	<p>5.1. Record the outcome of activity in line with local policy.</p> <p>5.2. Report the outcomes of the activity to a member of the care team in line with local policy.</p>

Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

P = Prescribed This assessment method *must* be used to assess all or part of the unit.

O = Optional This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay	O	Practical demonstration	P
Report		Group discussion	
Oral question and answer	O	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log/diary		Practice file	